

2011 Summer Junior Lesson Program

(Monday June 13 - Friday August 12, 2011)



Reed-Sweatt Family Tennis Center (RSFTC) offers a comprehensive summer junior program. The summer program is led by our full-time, year-round tennis professionals: Abdul Idi, Doug Matuska, and Spencer Jones. **Attendance at both the Thursday June 2nd Player Evaluation/Parent Meeting (4:30-5:45 p.m.) and the Friday June 3rd Player Evaluation (4-6 p.m.) is required.** A Reed-Sweatt Registration fee is not required to participate in our junior programs, but lesson payment MUST be made before juniors begin their first on-court activities.

Five Opportunities for Juniors this summer:

I. High Performance Program (H.P.P.) - BEST VALUE! (5x/week)

II. NEW! Satellite Program

III. NEW! USTA Team Matches and Practice Option (2x/week)

IV. NEW! 10 and Under Tennis

V. Tournaments

I. High Performance Program (H.P.P.) Meets 5x/week

The High Performance Program (H.P.P.) is directed at the junior player serious about improving their game. We offer an intensive, weekly schedule at a great value. There are morning and afternoon program options for the drills and stroke focus. (See below for specific days/times.) *For one fee, the player receives the following:*

- 1) Drill sessions
- 2) USTA team practices (Friday mornings)
- 3) Entry into 3 summer jr. tournaments at RSFTC, including match critiques by our tennis professionals
- 4) One-year USTA Jr. Membership
- 5) **FREE court time** for player and family members Monday thru Friday between 7 a.m. and 6 p.m. and all day Saturday and Sunday during the HPP program (*Maximum of 2 days notice to reserve courts*)
- 6) Both Country Club and USTA afternoon matches
- 7) One Nike Dri-Fit RSFTC junior team shirt
- 8) Stroke focus sessions
- 9) A written player evaluation from an RSFTC pro
- 10) END OF SUMMER PROGRAM PARTY!

Jr. Program Player Levels - General Descriptions

NOVICE - This player is new to the game of tennis or has been playing for less than two years, but can play a full-court tennis match. They are just learning to play and judge where the ball is going. They enjoy tennis as a recreational sport and have very little or no match play experience.

INTERMEDIATE - Generally this player is fairly consistent when hitting medium-paced shots, but is not comfortable with all strokes and lacks execution when trying for directional control, depth, or power. They typically have some match play experience in tournaments or for their high school varsity or JV team.

ADVANCED - Generally players at this level are top varsity-level players on a high school team, or in the case of younger players, striving to play at this level and are a top player in their age group. Also, they have a lot of tournament experience. They have achieved improved stroke dependability with directional control on moderate shots, but need to develop depth and variety. They exhibit more aggressive net play, have improved court coverage, and are developing teamwork in doubles.

As part of one of the above groups, the junior's weekly activities will consist of one of the following:

- (A) Drill session/Stroke Focus session/USTA team practice/Country Club team match/USTA team match
- (B) Tournament matches as part of a USTA Jr. Individual Tournament or a USTA Jr. Team Tennis Tournament
- (C) A combination of one of the two above

A FULL SUMMER WEEKLY SCHEDULE IS LISTED ON THE BACK

H.P.P FEE: \$600.00. PAYMENT MUST BE MADE BEFORE 1ST ON-COURT ACTIVITY.

**LIMITED PARTIAL SCHOLARSHIPS ARE AVAILABLE FOR H.P.P. PLAYERS ONLY;
DEADLINE IS MAY 31, 2011.**

***EARLY BIRD H.P.P. SPECIAL!** Rate will be only \$550.00 if we receive payment of \$275.00 by April 30th AND \$275.00 by June 3rd, 2011, no exceptions.

***FRIEND H.P.P. DISCOUNT!** For player who has participated in RSFTC junior program since June 2010 and brings a friend who hasn't been in the program since June 2010. BOTH players receive \$50.00 off their total fees!

Weekly Schedule

- #1 June 13-17 H.P.P., Satellite Program, USTA Match/Practice ONLY
- #2 June 20-24 H.P.P., Satellite Program, USTA Match/Practice ONLY
- #3 June 27-July 1 LEVEL 6 Jr. Tournament (6/27-6/30) at RSFTC; USTA Match/CC Match if no tournament conflict; No Drills or Stroke Focus; **Jr. Program OFF Friday, 7/1**
- #4 July 4-8 **Jr. Program OFF Monday 7/4**; H.P.P., USTA Match/Practice ONLY
- #5 July 11-15 H.P.P., USTA Match/Practice ONLY
- #6 July 18-23 USTA Team Areas (7/18-19). RSFTC is one of the host sites for this junior team event these 2 days on all 11 courts; normal Wed/Thurs/Friday activities.
- #7 July 24-29

<table border="0"> <tr> <td style="padding-right: 5px;">←</td> <td style="padding-right: 5px;">USTA</td> <td rowspan="3" style="font-size: 2em; vertical-align: middle;">}</td> <td>Sunday-Monday (7/24-25): 18 Advanced and 14 Advanced</td> </tr> <tr> <td style="padding-right: 5px;">←</td> <td style="padding-right: 5px;">Team</td> <td>Tuesday-Wednesday (7/26-27): 18 Intermediate and 14 Intermediate</td> </tr> <tr> <td style="padding-right: 5px;">←</td> <td style="padding-right: 5px;">Sectionals</td> <td>Thursday (7/28): 12 Advanced and 12 Intermediate</td> </tr> </table>	←	USTA	}	Sunday-Monday (7/24-25): 18 Advanced and 14 Advanced	←	Team	Tuesday-Wednesday (7/26-27): 18 Intermediate and 14 Intermediate	←	Sectionals	Thursday (7/28): 12 Advanced and 12 Intermediate	
←	USTA	}		Sunday-Monday (7/24-25): 18 Advanced and 14 Advanced							
←	Team			Tuesday-Wednesday (7/26-27): 18 Intermediate and 14 Intermediate							
←	Sectionals		Thursday (7/28): 12 Advanced and 12 Intermediate								

“Non-Sectional” USTA Team Tournament @ RSFTC (for non-qualifying teams) on all 11 courts

Monday (7/25) 1-Day 18 Advanced event 8am-5pm
 Tuesday (7/26) 1-Day 14 Intermediate event 8am-5pm
 Thursday (7/28) 1-Day 18 Intermediate event 8am-5pm

- #8 Aug. 1-5 LEVEL 6 Jr. Tournament (8/1-4) at RSFTC; normal activities for Friday (8/6)
- #9 Aug. 8-12 LEVEL 7 Jr. Tournament (8/8-11) at RSFTC; NOTE: *Juniors that have >199 points in an age category need to participate in a higher age group.*
Friday (8/12): END OF SUMMER PROGRAM PARTY 9:00 a.m. - 1:00 p.m.
 (The party features a team tournament, snacks, lunch and awards!)

USTA Team/Country Club Team Match Weekly Schedule [ALL MATCH PLAY 1:00-3:00 P.M.]

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
USTA Team Matches	XXXXXX	14 and Under	12 and Under	18 and Under	XXXXXX
Country Club Team Match	Low/Mid Intermediate	XXXXXX	High Intermediate/ Advanced	XXXXXX	Novice

High Performance Program (H.P.P.) Weekly Schedule

***Note:** Advanced and Intermediate Players have to choose either AM or PM groups; they cannot do both.*

<u>Player Level Group</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Advanced	Stroke Focus 8:30-10:30am	Drill 10:30am-12:30pm	XXXXXX	XXXXXX	USTA Team Practice (see below)
Intermediate	XXXXXX	Stroke Focus 8:30-10:30am	Drill 8:30-10:30am	XXXXXX	USTA Team Practice (see below)
Novice	Stroke Focus 8:30-10:30am	XXXXXX	XXXXXX	Drill 10:30am-12:30pm	USTA Team Practice (see below)
AFTERNOON Advanced or Intermediate	Stroke Focus 3:30-5:30pm	Drill 3:30-5:30pm	XXXXXX	XXXXXX	USTA Team Practice (see below)

USTA PRACTICE TIMES FOR ALL GROUPS:

12's & 14's => Friday 8:30 a.m. - 10:30 a.m.

18's => Friday 10:30 a.m. - 12:30 p.m.

II. Satellite Program-NEW!

For players just venturing into the tennis scene or can't commit all summer to the H.P.P. at this time. We are offering a 2-week, 3 time/week program in June. **Each week, the player will receive a stroke focus class, a drill class, and a country club match at their ability level (Advanced, Intermediate, Novice).** Drill and Stroke Focus classes are held at Reed-Sweatt on the days/times listed in the grid above; the Country Club match schedule/locations will be available June 13. **Attendance at the June 2nd or 3rd Player Evaluation is mandatory so we can properly place the student.**

Dates: June 13-24

Fee: \$150.00/player

III. 10 and Under Tennis-NEW!

We have changed the name of our former Rally program to the National USTA tennis program called 10 and Under Tennis and enhanced it with modified tennis courts. In May 2011, we will add new dark blue blended lines to all of our courts, creating 36' and 60' tennis courts to make it easier for players at 10 and under to obtain better tennis skills and fundamentals. This offering will be great for juniors enrolled in the **STEP 3, 4, and 5** classes as part of RSFTC's Fall/Winter Saturday Junior Program. Step 3 and 4 participants would most likely use our 36' courts; Step 5 participants would most likely use our 60' courts.

*[Juniors who participated in the **STEP 1 or 2** classes should check out the InnerCity Tennis summer lesson program; information is available at <http://www.innercitytennis.org>. **STEP 5** participants who feel they are ready for full-court tennis should consult with their class instructor to determine if they are ready for either the H.P.P. or Satellite program described previously at the **NOVICE Group Level**.]*

Class Schedule: Wednesday and Thursday drills 10:30-11:30 a.m.; Friday matches 1:00-3:00 p.m.

[Possible Thursday 60' tennis court USTA match 3:30 p.m. if enough teams register]

Sessions: (A) June 15-24 and (B) July 13-22

Fee: \$72.00/session

IV. USTA Team Match and Practice Option (2x/week)

Individuals can participate in one USTA match per week against other junior teams and one practice per week with teammates. Players must have a current USTA membership. Prepayment and current USTA membership is required!

H.P.P. players have these included as part of their fee.

Fee: \$250.00/summer. If a player is chosen, they would participate in the end of the season team championship events at no additional charge.

V. Tournaments

RSFTC will host three junior sanctioned USTA tournaments this summer; tournaments include singles and doubles with consolation, so players are guaranteed at least 2 matches per event in each tournament. **H.P.P. players have these tournaments included as part of their fee.** This includes match critiques for H.P.P. players by RSFTC tennis professionals. These tournaments are open to anyone with a valid USTA Jr. Membership.

LEVEL 6: June 27-30, 2011

LEVEL 6: August 1-4, 2011

LEVEL 7: August 8-11, 2011

Visit www.rsftctennis.com or the tennis center to find entry forms and more details about the tournaments and how to register online.

2011 RSFTC Full-Time Summer Tennis Professionals

ABDUL IDI, Tennis Professional, USPTA

Abdul has worked full-time since September 1998. He has taught various groups of juniors and adults, USTA teams, and private lessons. He is certified with the USPTA and has been teaching tennis for 18 years. Abdul played on the Nigerian National team from 1985-1988. Abdul has a Master's degree in Community Health and played collegiate varsity tennis at Livingstone College in North Carolina. He has held high yearly rankings for tournament play in the USTA-Northern Section since moving to Minnesota. He received the USPTA Northern Division 2008 Coach of the Year Award.



DOUG MATUSKA, Tennis Professional, USPTA

Doug is a USPTA certified teaching pro. This will be his sixth summer at the tennis center since he accepted a full-time position with us in September 2005. He has been teaching September-April since the fall of 1997. More recently, Doug ran a program at Tartan Park in Maplewood over the summers. Also, Doug has played and coached tennis at Hamline University in St. Paul, MN, and has taught with the St. Paul Community Education program and at the Wooddale recreation Center in Woodbury, MN. In addition, the last few years he has been a highly-ranked tournament player in USTA-Northern Section. He received the USPTA Northern Division 2006 Coach of the Year Award and the 2010 USTA Northern Albert Teeter Adult Sportsmanship Award.



SPENCER JONES, Tennis Professional, USPTA, Ph.D

Spencer is a USPTA certified tennis professional who is in his fourth year at Reed-Sweatt. He has been teaching and coaching tennis around the Twin Cities and in Wisconsin for the past 14 years. He most recently worked at Lifetime Fitness Crosstown Club in Eden Prairie where he taught juniors and adults. As a player, he qualified for the Wisconsin state high school tournament, and played #1 singles and doubles at Hamline University, where he later served as an assistant coach. In 1998 he was named the USPTA "Rookie of the Year" in the Northern Division. Jones has a doctorate in political science from the University of Wisconsin.



Reed-Sweatt Family Tennis Center (formerly Nicollet Tennis Center)

Our facility opened in 1973, and we have been owned by the non-profit InnerCity Tennis organization since 2000. Our team of tennis professionals have more than 100 years of combined teaching/coaching experience. In 2008, we were named a Top 50 Tennis Welcome Center in the United States by the Tennis Industry Association, and we were named Best Indoor Tennis Club by the Minneapolis/St. Paul Magazine. We are also two-time winners of the City Pages' Best Tennis Club award (2005 and 2007) and the Best of Minneapolis Tennis Instruction (2009 and 2010). Many of our staff, including Roger Boyer, Spencer Jones, Doug Matuska, Dilcia Pederson, Abdul Idi and Mike Vidmar, are recent tennis industry (USPTA or USTA) professional award winners.

2011 Summer Junior Registration Form

Player's Name: _____ Birth date: _____ Current Age _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

USTA#: _____ USTA Group/Ranking _____ HS Team/Position _____

Parent/Guardian: _____ Work Phone _____

Cell Phone _____ Email Address: _____

(1) H.P.P Morning (Novice, Intermediate, & Advanced) Fee: \$600.00

(2) H.P.P. Afternoon (Intermediate & Advanced) Fee: \$600.00

(3) Earlybird H.P.P. Payment Discount Plan (\$50.00 off) if:

1st Payment by April 30, 2011 of \$275.00 Morning (Novice, Intermediate, & Advanced)
Afternoon (Intermediate & Advanced)

2nd Payment by June 3, 2011 of \$275.00 Morning (Novice, Intermediate, & Advanced)
Afternoon (Intermediate & Advanced)

(4) Friend H.P.P. Discount: \$50.00 Name of Friend _____

(5) Satellite Program Fee: \$150.00/player

(6) 10 and Under Program Fee: \$72.00/session

Session A (June 15-24)

Session B (July 13-22)

(7) USTA Team Match/Practice Player Option Fee: \$250.00

(8) **TOTAL PAYMENT ENCLOSED** \$ _____

*Please complete the above and mail this registration form with your payment to:
Reed-Sweatt Family Tennis Center,
4005 Nicollet Avenue South, Minneapolis, MN 55409.*

FOR OFFICE USE ONLY:

Date _____

Amount Received \$ _____

Staff Initials _____