

2010 Summer Junior Lesson Program

(Wednesday June 14 - Friday August 13, 2010)



Reed-Sweatt Family Tennis Center (RSFTC) offers a comprehensive summer junior program. The summer program is coordinated by our full-time, year-round tennis professionals: Abdul Idi, Doug Matuska, Spencer Jones, and Brody McCoy. **Pre-registration and attendance at both the Thursday June 3rd Player Evaluation/Parent Meeting (4:30-5:45 p.m.) and Friday June 4th Player Evaluation (4-6 p.m.) is required.**

A Reed-Sweatt Registration fee is not required to participate in our junior programs, but lesson payment MUST be made before juniors begin their first on-court activities.

Four Opportunities for Juniors this summer:

I. Summer Player Program (S.P.P.) - BEST VALUE!

II. Rally Level

III. USTA Team Matches

IV. Tournaments

I. Summer Player Program (S.P.P)

The Summer Player Program (S.P.P.) is directed at the junior player serious about improving their game. We offer an intensive, weekly schedule at a great value. There are morning and afternoon program options for the drills and stroke focus. (See below for specific days/times.) For one fee, the player receives the following:

- | | |
|---|--|
| 1) Drill sessions | 6) Both Country Club and USTA afternoon matches |
| 2) USTA team practices (Friday mornings) | 7) One Nike Dri-Fit RSFTC junior team shirt |
| 3) Entry into 3 summer jr. tournaments at RSFTC | 8) Stroke focus sessions |
| 4) One-year USTA Jr. Membership | 9) A written player evaluation from an RSFTC pro |
| 5) FREE court time for player and family members Monday thru Friday between 7 a.m. and 6 p.m. and all day Saturday and Sunday during the SPP program (<i>Maximum of 2 days notice to reserve courts</i>) | |
| 10) END OF SUMMER PROGRAM PARTY! | |

Jr. Program Player Levels - General Descriptions

NOVICE - This player is new to the game of tennis or has been playing for less than two years, but can play a full-court tennis match. They are just learning to play and judge where the ball is going. They enjoy tennis as a recreational sport and have very little or no match play experience.

INTERMEDIATE - Generally this player is fairly consistent when hitting medium-paced shots, but is not comfortable with all strokes and lacks execution when trying for directional control, depth, or power. They typically have some match play experience in tournaments or for their high school varsity or JV team.

ADVANCED - Generally players at this level are top varsity-level players on a high school team, or in the case of younger players, striving to play at this level and are a top player in their age group. Also, they have a lot of tournament experience. They have achieved improved stroke dependability with directional control on moderate shots, but need to develop depth and variety. They exhibit more aggressive net play, have improved court coverage, and are developing teamwork in doubles.

As part of one of the above groups, the junior's weekly activities will consist of one of the following:

(A) Drill session/Stroke Focus session/USTA team practice/Country Club team match/USTA team match

(B) Tournament matches as part of a USTA Jr. Individual Tournament or a USTA Jr. Team Tennis Tournament

(C) A combination of one of the two above

A FULL SUMMER WEEKLY SCHEDULE IS LISTED ON THE BACK

S.P.P FEE: \$575.00. PAYMENT MUST BE MADE BEFORE 1ST ON-COURT ACTIVITY.

LIMITED PARTIAL SCHOLARSHIPS ARE AVAILABLE; DEADLINE IS MAY 31, 2010

****EARLY BIRD S.P.P. SPECIAL!*** Rate will be only \$525.00 if we receive payment of \$275.00 by April 30th AND \$250.00 by June 4th, 2010.

****FRIEND S.P.P. DISCOUNT!*** For player who has participated in RSFTC junior program since June 2009 and brings a friend who hasn't been in the program since June 2009. **BOTH** players receive \$50.00 off their total fees!

Weekly Schedule

June 14-18	Drill/Stroke Focus/USTA Team Practice/CC Match/USTA Match
June 21-25	Drill/Stroke Focus/USTA Team Practice/CC Match/USTA Match
June 28-July 2	LEVEL 6 Jr. Tournament (6/28-7/1) at RSFTC; USTA Match/CC Match if no tournament conflict; Jr. Program OFF Friday, 7/2
July 5-9	Jr. Program OFF Monday 7/5 ; Drill/Stroke Focus/USTA Team Practice/CC Match/USTA Match
July 12-16	Drill/Stroke Focus/USTA Team Practice/CC Match/USTA Match
July 19-23	USTA Team Areas (7/19-20) RSFTC hosts 18 Intermediate events these 2 days on all 11 courts; normal Wed/Thurs/Friday activities
July 25-30	Sunday-Monday (7/25-26): 18 Advanced and 14 Advanced
USTA Team Sectionals	Tuesday-Wednesday (7/27-28): 18 Intermediate and 14 Intermediate
	Thursday (7/29): 12 Advanced and 12 Intermediate
	<u>“Non-Sectional” USTA Team Tournament @ RSFTC (for non-qualifying teams) on all 11 courts</u>
	Monday (7/26) 1-Day 18 Advanced event 8am-5pm
	Tuesday (7/27) 1-Day 14 Intermediate event 8am-5pm
	Thursday (7/29) 1-Day 18 Intermediate event 8am-5pm
Aug. 2-6	LEVEL 6 Jr. Tournament (8/2-5) at RSFTC; normal activities for Friday (8/6)
Aug. 9-12	LEVEL 7 Jr. Tournament (8/9-12) at RSFTC; NOTE: <i>Juniors that have >199 points will participate in a RSFTC player-only tournament this week</i> <u>Friday (8/13): END OF SUMMER PROGRAM PARTY 9:00 a.m. - 1:00 p.m.</u>

Match Descriptions

Two competitive matches/week vs. area junior teams depending on player's ability and age

- Monday 1:00 - 3:00 p.m. (Country Club league for lower/mid intermediate)
- Tuesday 1:00 - 3:00 p.m. (USTA team league for ages 14 and under)
- Wednesday 1:00 - 3:00 p.m. (Country Club league for high intermediate and advanced)
- Wednesday 1:00 - 3:00 p.m. (USTA team league for 12 and under)
- Thursday 1:00 - 3:00 p.m. (USTA team league for ages 15 and older)
- Friday 1:00 - 3:00 p.m. (Country Club league for novice)

(a) **Advanced** - Stroke Focus-Mon. 8:30-10:30am; Drill-Tues. 10:30am-12:30pm; USTA Team Practice - See below

(b) **Intermediate** - Stroke Focus-Wed. 8:30-10:30am; Drill-Tues. 8:30-10:30am; USTA Team Practice - See below

(c) **Novice** - Stroke Focus-Mon. 10:30am-12:30pm; Drill-Thurs. 10:30am-12:30pm; USTA Team Practice - See below

(d) **Advanced and Intermediate AFTERNOON** - Stroke Focus-Mon. 3:30-5:30pm; Drill-Tues. 3:30-5:30pm; USTA Team Practice - See below

Note: Advanced and Intermediate Players have to choose either AM or PM groups; they cannot do both.

USTA PRACTICE TIMES FOR ALL GROUPS:

12's & 14's => Friday 8:30 a.m. - 10:30 a.m.

18's => Friday 10:30 a.m. - 12:30 p.m.

II. Rally Level (2-week session: \$69.00; 3-week session: \$99.00)

For junior players who can rally from the service line. Non-traditional pressure-less balls and speedballs will be used in addition to traditional tennis balls. 2 drills/week and 1 match/week. Matches are "short court" service line dimensions vs. players from RSFTC and other tennis clubs.

Sessions: June 16-25 (2-week session); July 7-23 (3-week session)

Times: Wed. and Thurs. 10:30-11:30 a.m.; Fri. 1-3 p.m.

III. USTA Team Matches ONLY

Individuals can participate in just USTA matches against other junior teams. Must have a current USTA membership. Prepayment and current USTA membership is required! **Fee:** \$100.00/summer. If a player is chosen, they would participate in the end of the season team championship events at no additional charge.

IV. Tournaments

RSFTC will host three junior sanctioned USTA tournaments this summer; tournaments include singles and doubles with consolation, so players are guaranteed at least 2 matches per event in each tournament. S.P.P. players have these tournaments included as part of their fee. These tournaments are open to anyone with a valid USTA Jr. Membership.

LEVEL 6: June 28-July 1, 2010

LEVEL 6: August 2-5, 2010

LEVEL 7: August 9-12, 2010

Visit www.rsftctennis.com to find entry forms and more details about the tournaments.

Reed-Sweatt Family Tennis Center (formerly Nicollet Tennis Center)

Our facility opened in 1973, and we have been owned by the non-profit InnerCity Tennis organization since 2000. Our team of tennis professionals have more than 100 years of combined teaching/coaching experience. In 2008, we were named a Top 50 Tennis Welcome Center in the United States by the Tennis Industry Association, and we were named Best Indoor Tennis Club by the Minneapolis/St. Paul Magazine. We are also two-time winners of the City Pages' Best Tennis Club award (2005 and 2007). Many of our staff, including Roger Boyer, Spencer Jones, Doug Matuska, Dilcia Pederson, and Mike Vidmar, are recent tennis industry (USPTA or USTA) professional award winners.

2010 Summer Junior Registration Form

Player's Name: _____ Birth date: _____ Current Age _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

USTA#: _____ USTA Ranking _____ HS Team/Pos _____

Parent/Guardian: _____ Work Phone _____

Cell Phone _____ Email Address: _____

S.P.P Morning (Novice, Intermediate, & Advanced) Fee: \$575.00

S.P.P. Afternoon (Intermediate & Advanced) Fee: \$575.00

Earlybird S.P.P. Discount Plan Only

1st Payment by April 30, 2010 of \$275.00

Morning (Novice, Intermediate, & Advanced)

Afternoon (Intermediate & Advanced)

2nd Payment by June 4, 2010 of \$250.00

Morning (Novice, Intermediate, & Advanced)

Afternoon (Intermediate & Advanced)

Friend S.P.P. Discount: \$50.00

Name of Friend _____

Rally Program Fee: \$99.00

USTA Team Match Only Fee: \$100.00

Session A

Session B

***USTA Team Practice is Friday mornings**

TOTAL PAYMENT ENCLOSED \$ _____

<p><i>Please complete the above and mail this registration form with your payment to:</i> Reed-Sweatt Family Tennis Center, 4005 Nicollet Avenue South, Minneapolis, MN 55409.</p>	<p><u>FOR OFFICE USE ONLY:</u> Date _____ Amount Received \$ _____ Staff Initials _____</p>
--	--

2010 Reed-Sweatt Family Tennis Center Summer Tennis Professionals

ABDUL IDI, Tennis Professional, USPTA

Abdul has worked full-time since September 1998. He has taught various groups of juniors and adults, USTA teams, and private lessons. He is certified with the USPTA and has been teaching tennis for 17 years. Abdul played on the Nigerian National team from 1985-1988. Abdul has a Master's degree in Community Health and played collegiate varsity tennis at Livingstone College in North Carolina. He has held high yearly rankings for tournament play in the USTA-Northern Section since moving to Minnesota. He received the USPTA Northern Division 2008 Coach of the Year Award.



DOUG MATUSKA, Tennis Professional, USPTA

Doug is a USPTA certified teaching pro. This will be his fifth summer at the tennis center since he accepted a full-time position with us in September 2005. He has been teaching September-April since the fall of 1997. More recently, Doug ran a program at Tartan Park in Maplewood over the summers. Also, Doug has played and coached tennis at Hamline University in St. Paul, MN, and has taught with the St. Paul Community Education program and at the Wooddale recreation Center in Woodbury, MN. In addition, the last few years he has been a highly-ranked tournament player in USTA-Northern Section. He received the USPTA Northern Division 2006 Coach of the Year Award.



SPENCER JONES, Tennis Professional, USPTA, Ph.D

Spencer is a USPTA certified tennis professional who is in his third year at Reed-Sweatt. He has been teaching and coaching tennis around the Twin Cities and in Wisconsin for the past 13 years. He most recently worked at Lifetime Fitness Crosstown Club in Eden Prairie where he taught juniors and adults. As a player, he qualified for the Wisconsin state high school tournament, and played #1 singles and doubles at Hamline University, where he later served as an assistant coach. In 1998 he was named the USPTA "Rookie of the Year" in the Northern Division. Jones recently completed his doctorate in political science at the University of Wisconsin.



BRODY MCCOY, Tennis Professional, USPTA

Brody started teaching tennis at Northwest Athletic Club where he worked full-time for two years. He started at RSFTC on a part-time basis in January 2006, and he became a full-time pro in September 2006. In addition, he has worked part-time for InnerCity Tennis the last five years. He graduated from Mounds View High School and played in the state tournament. He was a highly ranked junior player in his section. He is a USPTA certified tennis professional.

